British Gymnastics – Trampoline Difficulty Card

Name:

Group:

Flight:

Club:

Start No:

Panel:

|  |
| --- |
| **1st Routine** |
|  | Routine | S | \* | Adjustment | Diff |
| 1 |  |  |  |  |  |
| 2 |  |  |  |  |  |
| 3 |  |  |  |  |  |
| 4 |  |  |  |  |  |
| 5 |  |  |  |  |  |
| 6 |  |  |  |  |  |
| 7 |  |  |  |  |  |
| 8 |  |  |  |  |  |
| 9 |  |  |  |  |  |
| 10 |  |  |  |  |  |
|  | **Total** |  |

|  |
| --- |
| **Voluntary** |
|  | Routine | S | Adjustments | Diff |
| 1 |  |  |  |  |
| 2 |  |  |  |  |
| 3 |  |  |  |  |
| 4 |  |  |  |  |
| 5 |  |  |  |  |
| 6 |  |  |  |  |
| 7 |  |  |  |  |
| 8 |  |  |  |  |
| 9 |  |  |  |  |
| 10 |  |  |  |  |
|  | **Total** |  |

|  |  |  |
| --- | --- | --- |
| Where required, competitors **must** \* the moves they wish to gain difficulty for in their compulsory routine.Failure to \* the moves will result in no difficulty being awarded.All competitors **must** \* all the required elements in their 1st routine. Failure to do so will result in a 1.0 point deduction from every judge for every incorrect or missing \*.Routines must be completed either in English or FIG terminology.All skills in the Voluntary and the Final must have the difficulty score for each skill completed including the total score, in accordance with rule 7.1 of the BG and International Code of points.Please NoteIt is the responsibility of the competitor to ensure that the routines are correct with correctly defined shapes. Failure to do so may result in the routine being terminated early. |  | **Final** |
|  | Routine | S | Adjustments | Diff |
| 1 |  |  |  |  |
| 2 |  |  |  |  |
| 3 |  |  |  |  |
| 4 |  |  |  |  |
| 5 |  |  |  |  |
| 6 |  |  |  |  |
| 7 |  |  |  |  |
| 8 |  |  |  |  |
| 9 |  |  |  |  |
| 10 |  |  |  |  |
|  | **Total** |  |
|  |

Name of Coach Responsible BG Number

Signature Qualification: